

FG INVITATIONAL
JANUARY 20-22, 2012
Hosted by: Martin County Aquatics

- Sanctioned by:** Held under the sanction of USA Swimming and Florida Gold Coast Swimming, Inc.: Sanction No. FGI012012MCA-P-1
- Sponsored by:** MCA-Martin County Aquatics
- Rules:** 2012 USA Swimming and FGC rules will govern this meet. Safety rules as outlined by USA Swimming and as recommended by the referee, will be in effect. All sessions are timed finals for all swimmers.
- Camera Free:** The Florida Gold Coast Swimming **CAMERA FREE ZONE** policy is in effect at this meet. No person may use a camera or any other device capable of recording still or video images in the area behind the starting blocks, in the locker rooms, changing areas, showers or restrooms. Violators may be reported to law enforcement or other governmental authorities and/or may be barred from the facility during the sanctioned event.
- Eligibility:** Open to all current 2012 USA swimming registered athletes and foreign athletes with proper travel credentials who have been invited by USA Swimming. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement - USA Swimming Rule 202.3.3
- Disability Athletes:** All swimmers are welcome at this meet. Any athlete with a disability will be accommodated. Please contact the pool office ahead of time to allow for preparations - 772-219-1814-mccombj@martin.k12.fl.us
- Pool/Timing:** 25 yard x 25 meters heated outdoor pool, 6 **short-course** racing lanes with separate warm-up and swim-down lanes available. Daktronic Timing System® will be used. Fly-over starts will possibly be used. The competition course has been certified in accordance with 104.2.2 (C). Water depth at the start varies from 5'0" to 7'6" depending on lane assignment accordance with 202.3.7 (C).
- Date & Time:** **Session Date:Jan 20**
Session I - Timed Finals - Warm-up at 5:00 pm. Meet starts at 6:00 pm.
- Session Date:Jan 21**
Session II –Warm-up 8:30am. Meet starts at 9:30am
Session III –Meet starts approx 10 min after end of Session 2
Session IV –Warm-up 1:30pm. Meet starts 2:30pm.

Session Date:Jan 22

Session V –Warm-up 9:30am. Meet starts at 10:30am

Session VI –Meet starts approx.10 min after end of Session 5

**Meet director reserves the right to change meet warm-up, start times, or drop some events in order to hold an efficient meet within USA Swimming/FGC guidelines and with Age Group Chair approval.*

Location: |MCA-Martin County Aquatics 2801 S Kanner Hwy, Stuart FL 34994 |

Directions: Take 95 north to exit 101. Go right after exit towards Stuart on 76. Go about 4.2 miles to the Martin County High school on right. Pool is at the North end of campus. See our web site.

www.martincountyswimming.org

Entry: |All entries must be received by **01/15/12**
PLEASE enter electronically, NO MAILED entries.
For electronic entries (CL or SDIF format only!)
E-mail to mccombj@martin.k12.fl.us or fax 772-219-1815
Confirmation for electronic entries will be sent via e-mail.
**Submission of electronic entries signifies that all swimmers are USA registered. Questions, please contact office at 772-219-1814

NOTE: Swimmers without registration numbers or birth dates will not be entered.

***** Entry Fees will be Double if not entered electronically.** |

Seeding: |Short Course Yard times will be used for entry and seeding. All events are Timed Finals.

Entry Fees: \$ 3.25 per individual event

Relay Fees: \$ 6.50 per relay

Facility Surcharge: \$ 5.00 per swimmer |

***Entry fees are made payable to “Martin County Aquatics” (note: one check per Team.** |

Refunds: Once a team or individual entry has been received and processed, there will be no refunds in full or in part. |

Entry Limit: Limit of four (4) events per swimmer per day, plus relays. |

Awards: Individual Events: Medals places: 1-3 Ribbons places: 4-6
Relay Events: Ribbons places: 1-3

Distance Events: The 500 & 1000 Free and 400 IM for all ages, are timed finals and will be swum alternating women then men, fastest to slowest. **All distance events are positive check in.** For all positive check-in events, swimmers must provide their own timer and counters as needed. For the 1650 free in session 6 – timed finals, 12 & Under swimmers will swim first, if needed, to stay within the 4 hour rule. After that swimmers will go fastest to slowest, alternating women then men.

Deck Entries: THE FGC DECK SEED POLICY WILL BE IN EFFECT. Deck entries permitted into open lanes only on a first-come-first-serve basis. Deadline for deck entries is 30 min. before start of meet. Policy can be seen at www.fgcswim.org. All deck entered swimmers must present current USA Swimming Card in order to be entered.

Head Referee: Mike Murray

Meet Director: Jim McCombs. mccombj@martin.k12.fl.us

Meet Committee: A meet committee may be created by the meet referee to handle issues pertaining to non-rule situations at the meet such as severe weather and equipment issues.

Admission: Admission - \$2.00 per session. Heat Sheets - \$2.00 per session.

Information: Call the Teams Office at (772) 219-1814

Concession: Hospitality will be provided for coaches, officials & volunteers. Concession will be open for all sessions. **Total Team Wares** will be on deck.

Order of Events

Girls=Odd / Boys=Even

Session I – Timed Finals Friday, January 20, 2012 @ 6:00 P.M

<u>Event #</u>	<u>Age Group</u>	<u>Event</u>
1-2	OPEN	400 IM ^ *
3-4	OPEN	1000 FR ^ *

^ Positive check in required. (Check in will close 60 minutes prior to the start of the event.)

* Swum together and scored separately, fastest to slowest alt women & men

Session II - Prelims Saturday, January 21, 2012 @ 9:30am

<u>Event #</u>	<u>Age Group</u>	<u>Event</u>
5-6	11-12	200 FR
7-8	13-14	200 FR
9-10	15&O	200 FR
11-12	11-12	100 BR
13-14	13-14	100 BR
15-16	15&O	100 BR
17-18	11&O	200 MRR
19-20	11-12	50 FL
21-22	OPEN	200 FL *
23-24	11-12	50 FR
25-26	13-14	50 FR
27-28	15&O	50 FR
29-30	11-12	100 BK
31-32	13-14	100 BK
33-34	15&O	100 BK
35-36	11-12	200 IM
37-38	13-14	200 IM
39-40	15&O	200 IM

^ Positive check in required. (Check in will close 60 minutes prior to the start of the event.)

* The 500 free will be swum fastest to slowest, alternating women – men.

Session III – Timed Finals Saturday, January 21, 2012 @10 Min. after end of session 2

<u>Event #</u>	<u>Age Group</u>	<u>Event</u>
41-42	OPEN	500 FR ^{^*}

Session IV Saturday, January 21, 2012 @ 2:30pm

<u>Event #</u>	<u>Age Group</u>	<u>Event</u>
43-44	10&U	200 MRR
45-46	8&U	100 FR
47-48	9-10	100 FR
49-50	8&U	50 BR
51-52	9-10	50 BR
53-54	8&U	100 BR
55-56	10&U	200 FRR
57-58	8&U	50 FL
59-60	9-10	50 FL
61-62	8&U	50 BK
63-64	9-10	50 BK
65-66	8&U	100IM
67-68	8&U	50 FR
69-70	9-10	50 FR

Session V - Timed Finals Sunday, January 22, 2012 @10:30am

<u>Event #</u>	<u>Age Group</u>	<u>Event</u>
71-72	10&U	200 IM
73-74	13&O	100 FR
75-76	11-12	100 FR
77-78	10&U	200 FR
79-80	OPEN	200 BK
81-82	11-12	50 BK
83-84	10&U	100 BK
85-86	12&U	200 FRR
87-88	13&O	200 FRR
89-90	9-12	100 IM
91-92	15&O	100 FL
93-94	13-14	100 FL
95-96	12&U	100 FL
97-98	10&U	100 FL
99-100	OPEN	200 BR
101-102	11-12	50 BR
103-104	9-10	100 BR

Session VI – Finals Sunday, January 22, 2012 @ 10 Min. after end of Session 5

<u>Event #</u>	<u>Age Group</u>	<u>Event</u>
105-106	OPEN	1650 FR ^*

^ Positive check-in

*Swum together & scored separately, fastest to slowest alt women & men